

#### **HACS Centre**

Hillingdon Autistic Care and Support Dudley Place, off Pinkwell Lane Hayes UB3 1PB



# Workshop Newsletter February - April 2020

#### **Understanding Autism**

Trainer: Catherine Ford

Tuesday 11<sup>th</sup> February 10am – 1pm OR Wednesday 12<sup>th</sup> February 6:30pm – 9:30pm

At HACS Centre, Dudley Place

FREE for family HACS members attending for the first time

£10 for professional HACS members attending for the first time

£25 for non-members or any HACS member who has attended before

For parents, carers and professionals

This workshop explores the differences associated with autism.

#### **Autism & Anxiety**

Trainer: Catherine Ford

Tuesday 3<sup>rd</sup> March 10am – 1pm OR Wednesday 4<sup>th</sup> March 6:30pm-9:30pm

At HACS Centre, Dudley Place

£10 for family HACS members £25 for non-members

For Parents, carers and professionals

This workshop will explore the underlying causes of stress and anxiety in relation to autistic differences, including how these may be expressed by autistic people.

# **Legal Advice Workshops**

Speakers:

Melinda Nettleton - LLB Solicitor, Mother of a child with Special Educational Needs and Trustee of

James Brown – Specialist Solicitor Nicole Lee – Specialist Solicitor

Venue: HACS Centre, Dudley Place for parents, carers and professionals

TOPICS TO BE RELEASED SOON

£20 for members / £40 for non-members





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## Refund policy

Delegates who wish to cancel their place must cancel in writing, at least 7 days prior to the event to receive a full refund. If no cancellation in writing is received within this time, then we are unable to offer a refund.

#### **Autism: Sensory Differences**

Trainers: Cat Ford / Katherine Eaton /
Jo Major

Tuesday 31st March 10am-1pm OR Wednesday 1st April 6:30pm-9:30pm

At HACS Centre, Dudley Place

£20 for members £30 for non-members

#### For parents, carers and professionals

This workshop is an introduction to sensory processing and gives insight into the sensory differences experienced by autistic people.

Opportunity to make sensory resources to take home.

# Autism: Promoting Positive Behaviour

Trainer: Catherine Ford

Tuesday 28<sup>th</sup> April 10am – 1pm OR Wednesday 29<sup>th</sup> April 6:30pm-9:30pm

At HACS Centre, Dudley Place

£10 for members £25 for non-members

#### For parents, carers and professionals

This workshop is an introduction to understanding autism related behaviour and how to determine the best strategies for a particular behaviour.

## How do I book?

To book your place on a workshop/course you will need to complete a booking form. Booking forms can be downloaded from the events calendar on our website: www.hacs.org.uk

When you have completed your booking form please email this to <a href="mailto:catherine@hacs.org.uk">catherine@hacs.org.uk</a> or post to:

HACS, Dudley Place, Hayes, UB3 1PB

Your booking will be confirmed by email once payment (if required) has been received.

If you do not have access to emails you can complete a booking form over the telephone by calling

0208 606 6780

